



9th March 2026

## **British Garden Centres' top cut flowers you can grow now**

**Forget expensive florist bouquets. With careful planning and a little effort, you can fill your home with stunning, garden grown cut flowers that rival those from the finest florists and at a fraction of the cost. Whether you're an experienced gardener or a complete beginner, growing your own cutting garden is easier than you might think. A well-planned cutting garden provides endless inspiration for floral arrangements, meaningful gifts, and the pure joy of displaying nature's beauty in every room. The team at British Garden Centres has put together our top picks of cut flowers you can start growing now.**

### **Summer bulbs**

Summer bulbs are the backbone of any cutting garden and can be planted now in the ground or containers. Dahlias offer dramatic, layered petals in virtually every colour, with some varieties reaching dinner-plate proportions. Gladioli provide tall, elegant spires perfect for statement arrangements. Alliums deliver cheerful, dependable spherical blooms in purple tones that last for weeks in the vase. Add lilies for romantic, fragrant flowers, or anemone for colourful daisy like flowers. These hardy performers thrive in all garden settings and require minimal fussing. Plant them in spring now and enjoy weeks of fresh cut flowers throughout the summer and into autumn.

### **Cut flower seeds to sow indoors now**

If you only grow one thing for cutting, make it sweet peas for a traditional English display. Start them indoors now in deep pots or root trainers. Come early summer, you'll have loads of perfumed blooms, perfect for a cut flower arrangement or bouquet. Antirrhinum do well if sown indoors now, and you'll get sturdy plants with spiky blooms that look great in arrangements and add architectural interest to bouquets.

For cottage garden vibes, larkspur or delphiniums started indoors now will give you those tall spires of blue, pink, or white flowers that elevate any room. Cosmos started now will bloom profusely and continuously, providing delicate, daisy-like flowers throughout the season.

### **Cut flower seeds to direct sow outside now**

As spring approaches, some hardy annuals are best sown directly into the soil outdoors. Once the ground begins to warm in March, gardeners can scatter their seeds and look forward to a vibrant display. Try cornflowers for their



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brilliant blue blooms and long vase life, or poppies with their delicate, tissue paper petals in shades of red, orange, and pink. Nigella brings a touch of whimsy with its pretty flowers and intriguing seed pods that dry beautifully, while dianthus adds charm with fragrance in any cut arrangement. For bold, cheerful impact, sunflowers stand tall and never fail to impress in both the garden and a vase.

### **Start arranging in the summer**

By summer, you'll be filling vases with flowers you've grown yourself. A cutting garden isn't just economical, it's deeply rewarding. Whether you're designing arrangements for your home, gifts for friends, or even a small side business, homegrown cut flowers bring authentic beauty and the satisfaction of nurturing something from seed to bouquet. The fragrance, the freshness, and the pride of sharing flowers you've cultivated make every arrangement special.

**Julian Palphramand, Head of Plants at British Garden Centres**, said: "A homegrown cutting garden is easier than many people think. With a few bulbs in the ground now, some seeds sown at the right time, and a little regular picking, you can fill your home with beautiful, fresh bouquets all summer. It saves money, feels rewarding, and means every bunch of flowers on your table is something you've grown yourself."

Start planning your cutting garden today. With the right selection of seeds, bulbs, and a bit of patience, you'll soon discover that the best flowers come from your own outdoor space. Visit your nearest British Garden Centre to explore our full range or shop online at [www.britishgardencentres.com](http://www.britishgardencentres.com)

**ENDS**

**WORD COUNT: 625**

#### **Notes to Editors:**

About the business:

British Garden Centres (BGC) is the UK's largest family-owned garden centre group with 77 centres around the country. The group is owned and led by the Stubbs family, who also own and operate Woodthorpe Leisure Park in Lincolnshire.

BGC was launched in 1990 with the opening of Woodthorpe Garden Centre by brothers Charles and Robert Stubbs. Since 2018, it has expanded rapidly with the acquisition of 50 garden centres, allowing it to grow from its heartland to the business it is now, with 77 garden centres spread from Carmarthen to Ramsgate, Wimborne to East Durham.

The group has a team of 3,500 colleagues working across the garden centres, restaurants, 2 growing nurseries, 4 distribution centres and Woodthorpe Leisure Park and Woody's Restaurant & Bar.

**Social Media**



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Facebook: British Garden Centres  
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Website: [www.britishgardencentres.com](http://www.britishgardencentres.com)

**Contact**

Cassie King – PR Officer  
[cking@britishgardencentres.com](mailto:cking@britishgardencentres.com)  
07875 337290